

## Magnesium Group with Some Repetorial References: A New Outlook

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**Abstract** From plant source to the synthetic source, various substances have been used in homoeopathy as medicines, but only if a substance as being used by homoeopaths for therapeutic purpose cannot be termed as a homoeopathic medicine, the very particular substance becomes a homoeopathic medicine only, when applied following the principles of homoeopathy as laid down by Master Hanhemann. Likewise also Magnesium and some of its compounds are used for therapeutic purpose in different morbid conditions and this article states about various compounds of magnesium with their common and also some differentiating features particularly for homoeopathic application, their sphere of actions and even daily requirement of magnesium by an individual. It is to be kept in mind that. homoeopathic application of a substance is different as it is based on respective individualistic feature of a drug, which will vary from species to species (even if they belong to the same genus) in case of plant or animals sources, from compound to compound of a metal or non-metal (in this article various compounds of magnesium) and so on. Thus a thorough study on various compounds of magnesium for homoeopathic purpose, with some references to one of the most accepted repertory i.e. Kent's Repertory and also Synthesis Repertory, will open up a new dimension in therapeutic application.

**Keywords** *Magnesium group; Physiological role; Relationship; Repertory*

### 1. Introduction

The history of concept of group study is not new, for a long time after initial development of Homoeopathic Materia Medica; much significance was not given to group study. The history dates back to Dr. Kent who studied & wrote for the first time on this type of study. Later Dr. Clarke & Dr Farrington tried to study drugs in groups wise. But the study of materia medica through groups requires the process of generalization. In this process one has to neglect or sacrifice individual attributes, what one achieves with the individual remedial study in its totality, one can't achieve with the group study. So, we need to take a balance, not rely too much on group study as the contents of group study exclude the individual features of the remedy.

In everyday clinical practice, we often fail to understand a magnesia personality due to lack of data in proving, so these medicines are of very limited use. Mental block is main obstacle in perceiving Magnesium.

## 2. Medicines in Magnesium Group

### Common Medicines

- Magnesium Carbonicum
- Magnesium Muriaticum
- Magnesium Phosphoricum
- Magnesium Sulphuricum

### Lesser Known

- Magnesium aceticum, Magnesium artificialis
- Magnesium borocitricum, Magnesium bromatum
- Magnesium flouricum, Magnesium iodum
- Magnesium lacticum, Magnesium metallicum
- Magnesium nitricum, Magnesium oxydatum
- Magnesium silicatum, Magnesium tartaricum
- Magnesium usta

Magnesium suffers from tremendous internal anxiety and insecurity, but this feeling is usually repressed. There is a difference between the words suppression and repression. Suppression means pushing down what comes up, while repression denotes not allowing feelings to come up at all. The emotions are so repressed that even the patient is unaware of them. [7]

The main feeling of Magnesium is the feeling of needing nourishment and care of parents. It is the feeling of a nursing child or that of a fetus, which needs all the protection and nourishment from the mother in order to survive. These feelings in the adult seem so out of place that they have to be repressed, but they continue to be active in the subconscious, producing tremendous internal anxiety, the cause of which is unknown to the patient. The feeling within is of being forsaken (in Synthesis Repertory, rubric: "Forsaken, beloved by his parents, wife and friends, feels not, of being" - Magnesium carbonicum). The feeling is of being forsaken and alone, and very needy of protection.

This manifests as anxiety from small matters, anxiety of such intensity that it cannot be understood. The patient tries to attribute the anxiety to some reason or the other, but knows that it is not the real cause. Another way the anxiety manifests is by physical symptoms and pathology that comes up for no obvious reason. These problems can be well-known psychosomatic conditions like ulcerative colitis, lichen planus, etc., but there seems to be no big tension in the patient's life. They can sit with a composed face and honestly say that they have no tension whatsoever, and yet they have the most severe problems and pains [7].

The coped up Magnesium patient can seem quiet, self-confident, unaffected, composed and matter-of-fact; they not only take care of themselves but even seem to be taking care of others, especially in a motherly way [7].

What give the strongest confirmation of Magnesium are usually the dreams. The repressed emotions of Magnesium patients often manifest in a variety of dreams. These dreams are often symbolic, i.e. the real meaning of the dream is not clear. There may be dreams of houses, weddings, fruits, etc. Some of the dreams that recur in the Magnesium patient are dreams of falling, water, children, dead relatives and death of relatives.

In some Magnesium patients it has been noticed that they may have dreams of dangerous situations but there is no feeling of danger in the dream, e.g. some patients dream that they are standing near a flood of water but they feel nothing - they are just watching it. Another feature of Magnesium patients' dreams is that in most of the dreams there is a feeling of loneliness, of having to face the problem alone, and even having to help someone in danger, e.g. robbers come into the house and the patient is alone. Another theme is the theme of being left behind. Among the pleasant dreams that Magnesium patients get, are usually dreams of being with people, going for a picnic with relatives, meeting friends. Absence of dreams indicates a severe repression. It is further confirmation that there is a strong barrier between the conscious and the subconscious parts of the mind. The Magnesium patients who do not have any dreams are usually the ones with the most severe pathology. In such people you may get two more indications, i.e. they might be sleepless and cannot attribute this to any reason (in Synthetic Repertory, rubric: "Sleeplessness, causeless" - Magnesium carbonicum). The other feature is that though they say they have no dreams, in the morning when they wake up they feel completely unrefreshed as if the mind was active the whole night. This latter phenomenon is also found in Magnesium patients who do remember their dreams. They say: "I dream so much that I am completely exhausted in the morning", and there is no apparent reason in their lives to explain why they should have so many dreams.

These features of tremendous anxiety, insecurity, a need for protection and nourishment, and a strong repression of emotions are seen in an orphan, one who has no one to protect him or whom he can confide in. Dr Kent narrates his experience with Magnesium carbonicum in his lectures on Materia Medica:

"I have observed, especially among illegitimate infants, those that have been conceived by clandestine coition, that they have a tendency to sinking in the back of the head. I once had in charge an orphanage where we had sixty to one hundred babies on hand all the time. The puzzle of my life was to find remedies for the cases that were going into marasmus. A large number of them were clandestine babies. It was a sort of Sheltering Arms for these little ones. The whole year elapsed, and we were losing babies every week from this gradual decline, until I saw the image of these babies in Magnesium carbonicum, and after that many of them were cured" [5].

Magnesium patients have the history of being neglected in some way by the parents. The feeling of being unwanted in the very early years of life, e.g. an unwanted female child, after a series of females, when the parents desperately wanted a male child; or a person who has lost his mother at a very early age, or lost his father at an early age, so that the mother became too busy to look after the child, and the child was looked after by a foster parent. Such people tend to become self-sufficient, non-demanding and repress their emotions to a great extent. This state persists even after changes in their life situation later on.

However the history of such situations in childhood is not mandatory for a patient to develop a Magnesium state. Such a state could have also come from either parent of the patient. We could look into the life situation of the parents if we wish to trace the origin of such a state.

Among the physical symptoms of Magnesium most of them have discharges that stain the clothes and these stains are difficult to wash off, for example perspiration stains the linen yellow and is difficult to wash off. Menses are blackish and leave indelible stains. Also Magnesium patients have either a craving for or aversion to vegetables.

The above picture when combined with certain slowness in a weak, chilly, sweaty, sour smelling patient is typical of Magnesium carbonicum. These patients often have a craving for meat and fruits.

Their main fear is that some mishap would occur, especially to other people. Whenever a relative, especially one whom they depend on, goes out, they constantly feel that that person will meet with an accident. They can be very anxious and may start from slight touch.

The theme of Magnesium can be also seen clearly in Magnesium muriaticum.

Here the Muriaticum element of feeling hurt will also be present. But it is worth studying Magnesium muriaticum separately too.

The main theme of Magnesium muriaticum is the forsaken feeling and disappointment/hurt. They feel the need to be independent and to defend them against hurt.

We can have many presentation of Magnesium muriaticum, for example we can have a girl who is very reserved, has a repulsive, unfriendly mood, would like to strike back when offended but holds herself back out of fear. She cannot confide in anyone and has no friends. She bursts into tears before her menstrual periods. Or we can have a woman who is extremely friendly, takes care of other people. Everybody can lean on her for support. She is very friendly but, at the same time, she is reserved, does not reveal her emotions to the closest person, not even to her husband. She is very nice, nurturing and even motherly. I have seen that Magnesium muriaticum people like small children very much and take up professions involving caring/looking after children. These people can be patient though they feel hurt easily [7].

Physically, Magnesium muriaticum people crave open air. In food they crave vegetables, especially cauliflower, and sweets. They have dark, tarry menses. They often dream of being left behind (forsaken) or lost in a forest. It is interesting to note that Magnesium muriaticum has the dream of being lost in the forest, while Magnesium carbonicum has the dream of being lost in one's own house. But what are the themes of the Magnesium's? [7].

### **Pacifism**

They cannot stand rows and violence. Vithoukias (2002) has described this very nicely in Mag-m. They are the people who work for Greenpeace and Amnesty International.

But we can find this aversion to quarrels and violence in all the Magnesium. This is expressed in different ways. Firstly, because they find it very difficult to get angry themselves. But also, because they get extremely disturbed by all sorts of violence. They will start to avoid violent people, or violent television programmes. Some of them cannot even watch a western.

### **Aggression**

On the other hand they can be very aggressive. This side does not get emphasized in the literature very much, although we do know Mag-c to have this. The comparison with cham in this aspect is quite appropriate. But Mag-m can also be very aggressive. Whitmont (1982) describes the Magnesium's: 'Magnesium way well be called the most violent, ill-tempered, erratic, but also fearful and depressed remedy of our materia medica'. He talks about Mag-m extensively and calls it the first remedy for manic depressive states.

**Fear of loss**

An additional theme of the Magnesium's is the fear of loss of friends, family, etc. Mag-c expresses this as 'delusion forsaken by family and friends' and Mag-m as 'delusion he has no friends'. Kent describes Mag-c as a remedy for orphans. In my experience, Mag-c and Mag-m are the most important remedies for children of divorced or quarrelling parents. Quarrels can lead to a break-up, hence the very strong reaction and this reaction can go two ways: either trying to soothe or avoid the quarrel, or starting a row themselves, as a diversion.

**Pain**

The fear of aggression also expresses itself in a great sensitivity to pain: 'shrieking from pain'. There is fear of the dentist, not entirely unjustified because of the many dental problems. The pains of the Magnesium's are really very severe and terrible. Their fear of pain is therefore understandable.

**3. Group Characteristics****Constitution****Physical Make-up [1]**

Stout, fair and flabby. Skin is pale, puffy, oily, Waxy with slow healing and scar formation. Premature loose skin, hangs down with lax fiber. Suited to women & children- worn out constitution.

**Nervous Temperament**

**Miasm:** - All miasms predominant

**Sphere of Action:** - GIT, sex organ (Uterus), nervous system, muscles, liver, gall bladder. Tendency to spasmodic affections cramps, colics, spasms, tetany, convulsions and epilepsy, migraine and tension headaches.

**Tendency to Relaxation and Paralytic Effects:** sprains, strains, subluxations, prolapse, displacements, herniation, ptosis, bearing down, incontinence and paralysis, bleedings and varices.

**Poor Reaction**

**Tendency to Suppuration and Scar-formation (acne):** Tendency to hypertrophy, infiltration and indurations. Tumors-benign and cancerous.

**Affection of Nutrition:** Poor assimilation emaciation and malnutrition. Defective tissues and backward children. Rickets and worm infestations.

**Affection of Nutrition:** Poor assimilation emaciation and malnutrition, Defective tissues and backward children, Rickets and worm infestations.

**Pains:** Crampy, griping, constricting, sensation of band, tearing, stitching, boring, cutting etc.

**Pains:** < Touch, pressure (liver) > Heat, pressure, binding, rubbing.

**Periodicity:** Every 2nd, every 21st day.

**Glands:** lymph nodes, liver, prostate, breast, thyroid, thymus etc.

**Discharges:** protracted, profuse, acrid, sour, foul, indelible, black, thick, sticky, lumpy, green, scanty, tarry, and pitch-like.

**Cravings:** Meat, vegetables, sour, fruits, bread, sweets, butter and milk.

**Aversion:** Meat, bread, coffee and milk

At the adult level, expressions are difficult to exhibit, their problems seem to bear no direct correlation with their emotional insecurity, and their feelings are so out of place that it is not expressed at conscious level. It is repressed, not actually aware of it.

Repressions & Anxiety are manifested in the widest spectrum of dreams. Due to their dreams they have unrefreshed sleep, as if mind has been active all night.

### **Characteristic Physical Symptoms**

**Affection of Nutrition:** Poor assimilation, hence emaciation & malnutrition in children, Defective tissues & backward children, Rickets & worm infections.

**Tendency to Relaxation and Paralytic Effects:** Sprains, strains, prolapse, displacement, incontinence and paralysis, bleeding, Relaxation of tissues, slowness & dullness.

**Pains are of Various Characteristics:** Crampy, gripping, constricting, tearing, stitching. Pains > heat, pressure, binding, rubbing, < touch, pressure (liver).

**Glands Affected:** Lymph nodes, liver, prostate, breast, thyroid, thymus, endocrine & RES. Mg Iodide imp remedy for goiter. Mag mur is a well-known liver remedy.

**Discharges:** These are protracted, profuse, acid, sour, foul, fishy, black, thick, sticky, lumpy, green (diarrhoea), tarry, pitch like menses.

**Craving for:** Meat

**Aversion for:** Milk

### **Physiological Role**

- It is a metal. World's lightest structural metal
- Periodic table group IIA; 3rd series
- Atomic No.: 12; Wt - 24.312
- Discovered by Sir Hamphry Davy - Na, K, Mg, Cl, Ba
- Greek word - Magnesium
- A district in Thessaly - called Magnesia.

### Physiological Functions

- Signaling molecule.
- Mg is the chief constituent of mitochondria, helps in various oxidative processes like oxidative phosphorylation which produces ATP - main source of energy.
- Helps in reaction needs ATP.
- Plays catalyst role in metabolism of major nutrients.
- Helps in maintaining healthy bone density.
- Plays main role in electrical conduction of the heart.
- Relaxing effects on respiratory airways.
- Controls hereditary expressions, hence it is one of the deep acting constitutional medicine.

### Daily Requirement [1]

Adult men - 350 mg/day, Adult women - 300 mg/day

**Table 1:** Table showing clinical features of Hypo & Hyper magnesemia

Tissues	Hypo Magnesia	Hyper Magnesia
Causes	Diabetic acidosis, Uremia, Malabsorption syndromes, cirrhosis of liver, hyperparathyroidism, Alcoholism	Renal insufficiency, severe dehydration, diabetic acidosis, laxatives, antacids
Mind	Irritability, fear, noise restlessness, psychotic traits	Depressed, sad, lack of coordination, speech difficulties, lethargy
CNS	Epilepsy, multiple sclerosis	Reflexes, coma, unconsciousness
Muscles	Spasms, cramps, tetany	Weakness, relaxations
Respiration	Increased	Failure
Heart	Arrhythmias, calcifications, necrotic patches	Conduction poor, BBB, abnormal PR & QRS intervals
Blood vessels	Peripheral vasodilatation, calcifications	Inflammation, calcification
Kidneys	Tubular & glomerular degeneration & fibrosis	Necrosis, degeneration, calculi
Liver and Pancreas	Hepatocellular degeneration, Ca and calculi of bile ducts, Necrosis, pancreatitis, diabetes	Fatty degeneration & cirrhosis
Nutrition Bones & teeth	Emaciation, loss of appetite Gums- loose. Caries. Deformed. Brittle Development poor	Nausea & vomiting
Skin	Unhealthy eruptions, Psoriasis, Trophic lesions, alopecia, Nails Deformed, brittle hematomas of ear lobes	Cancerous conditions

### 3. Magnesium Carb (Homeopathic View)

#### Main features

- It is related to the older and deeper psoric sickness.
- Aggression is either necessary for a feeling of self-worth or it is very detrimental to self-worth.
- 'Need' to be recognized and accepted, if not done spontaneously they will force you to respect them.
- Kent - first choice for orphans. Rebellious or swallow their aggression.
- Theme of father: too aggressive or too weak.
- Good remedies for children of quarreling/divorced parents.

- The child's muscles are flabby; the child will not thrive in spite of feeding and medicines. Laying the foundations for some serious trouble perfect picture of the Mag. carb. stool, composed of putty-like undigested milk [5].
- She becomes so tired and sweats upon little exertion. She seems to take cold whenever menstruation is coming on.
- These patients take on an appearance as if going into decline, and yet they go on year after year unable to do anything; notable even to keep house.
- Tendency to dryness of the mucous membranes and dryness of the skin. Dryness is a marked feature of this medicine.
- That is the kind of relaxation. Case does not well indicate a remedy that the conditions are latent and there is a tendency to some grave internal disorder.
- There is a kind of marasmus; it produces a state of the body like that prior to tuberculosis.
- The Mag. carb. baby smells sour like the Hepar baby. "Inordinate appetite for meat in children" [5].
- They sometimes set a patient thriving, but mind you, these cases are hard cases to manage. They are difficult to find remedies for. Their trouble is so latent, the symptoms do not come out, and sometimes you have to read between the lines. They are the one-sided cases spoken of by Hahnemann.

### **General Characteristics [6]**

#### **Generalities: - (from Kent's Repertory)**

Motion amel: mag-c

Air, open, desire for: mag-c but cold air agg.

Food milk agg: mag-c

Warm food agg: mag-c

#### **Face**

Pain, left: mag-c

Night: mag-c

#### **Teeth**

Pain pregnancy, during: mag-c

#### **Perspiration**

ODOR, sour: Mag-c

#### **Particulars**

- Particularly does it affect the roots of the teeth. Every change of the weather the roots of the teeth become violently painful.

- "Stools green, like scum on a frog pond; sour, frothy; with white floating lumps like tallow, bloody, mucous [3].
- The face of the chronic adult case is pale, waxy, sickly and sallow.
- The stomach is a troublesome organ. Patient is always complaining of a sour stomach; sour eructations. Food comes up sour. There is nausea and coming up in the throat of sour food. Pains in the stomach after eating an ordinary amount of food [5].

#### 4. Magnesium Mur (Homeopathic View)

##### Main Features

- It is a deep-acting antiphonic suited to nervous patient with stomach and liver troubles.
- Essence: Idea that their own aggression or aggression from their mother lead to loss of care from their mother/parents.
- Mind: craving for attention > nagging > irritation if not given > fits of anger.
- Afraid of aggression themselves.
- Can't withstand violence on television/ amongst own family or friends.
- Quarrels between their parents- afraid of divorce: Manic depressive/hysterical, Pacifier - even suppresses own emotions.
- Depression - Abandoned by everyone, parents and friends. Withdraw and become silent. Difficult to make contact with them.
- They feel the world is divided by violence and rows.
- The feelings sometimes overwhelm them and they get dreams of water that might drown them.
- Strong sense of duty - overloads themselves with task-can't keep up-becomes anxious and restless-sleepless - or sleeps but wakes up unrefreshing - always has a sour, dissatisfied, anxious look [8].
- Sleepless due to liver dysfunction-wakes up feeling miserable-mentally dull, unable to concentrate, physically heavy and toxic.
- Agg. - lying down, closing eyes-wakes up, walks around, then again goes to bed.

##### General Characteristics [6]

##### Generalities: - (from Kent's Repertory)

Heat, vital lack of: mag-m

Air, open amel: mag-m

Food salt agg: mag-m

Milk agg: mag-m

##### Head

Pain, wrapping up head: mag-m

Seashore: mag-m

## Mind

Anxiety, closing eyes on: mag-m

## Vertigo

Morning, rising on: mag-m

Air open amel: mag-m

## Mouth

Cracked, tongue fissured: mag-m

Stomach Appetite, capricious: mag-m

## Particulars

- Aggravation from salt things, from eating salt food, from salt baths, from sea bathing, and at the seashore from inhaling sea air. [8]
- Chest complaints, liver complaints and constipation at sea. Bromine has complaints of sailors when they come on shore. Magnesia mur. has complaints from going to sea.
- Strong feature in this remedy is indigestion. The stomach becomes less and less able to digest and finally he cannot take a mouthful of food without distress.
- No Power to expel the contents of the bladder, Lack of sensation in the bladder, urethra, cannot tell in the dark whether he is passing urine or not.

## 5. Magnesium Phos (Homeopathic View)

### Main Features

**Essence:** delusion that they will lose all contacts if they get angry.

**Mind:** very nervous and fearful. Afraid that the other person will get angry with them.

Afraid that they will say something wrong which might annoy the other person. Afraid of quarrels.

Great desire for contact and communication. But start avoiding for fear of losing them.

Feel they cannot learn fast with fear they will be sent away from school. Get exhausted due to tension.

Like travelling or suffer from Homesickness.

Fears: of being alone, people, disease and death.

Easily frightened.

### General Characteristics

- Probably the most important and precious of the remedies derived from the bio-chemical studies of Dr. Schussler. It is one of his twelve “Tissue Remedies”. Generally used in low

potencies, repeated dose, but it works magnificently in the high and highest potencies in very infrequent dosage [4].

- Mag. phos is one of the greatest remedies of dysmenorrhoea of its own kind-pains double the victim up-relieved by heat, hot drinks, hot applications and aggravated by cold [4].
- It is very much like Colocynth, it is no wonder that symptoms in Mag. phos. and Coloc. should present many points of resemblance, since Coloc., which belongs to the vegetable kingdom, contains 3 per cent. of Mag. phos.
- NASH says, "It takes first rank among our very best neuralgia or pain remedies: none has a greater variety of pain" (he details them). "CRAMPING-this last in my opinion is most characteristic and oftenest found in stomach, abdomen and pelvis. In dysmenorrhoea of the neuralgic variety, with the characteristic crampy pains, I have found no remedy equal to it" [4].
- "Alongside the cramping, is its characteristic modality-relief from hot applications". Here, Nash makes a very important comparison-with Arsenicum.
- He says, "I watched this difference". He says and found that if burning pains were relieved by heat, Arsenicum was almost sure to relieve, while those pains not burning but also relieved by heat were cured by Magnesia phos. I think that this will be found a valuable diagnostic between the two remedies".
- He says, "During painful menstruation Magnesia phos, is quicker in its action than Pulsatilla, caulophyllum, Cimicifuga, or any other remedy that I know." He thinks Cimicifuga covers the rheumatic cases better, Mag. phos. those of the purely neuralgic character [4].
- Flatulent colic, forcing patient to bend double, relieved by rubbing, warmth, pressure; accompanied with belching of gas with no relief. Bloating full sensation in abdomen; must loosen clothing, walk about and constantly passing flatus [2].

## 6. Magnesium Sulph (Homeopathic View) (Bitter Salt)

### Picture of Mag Sulph

- Essence: Idea that partner will not love you if you get angry.
- Mind: Afraid of own aggression > suppression > don't ask for needs >cannot give/receive love anymore >irritability at trifles.
- Aggression > burst of anger (misplaced) > renewed anger or remorse.
- General fear of aggression, of horror stories. Cannot watch violence on television.
- Great desire for warmth & love > searching > dreams of marriage.
- Fears and hyperventilation.
- <morning (waking), undressing(skin) > rubbing, walking.
- Fever from 9 to 10 am. Shuddering in back; heat in one part and chill in another [2].

## 7. Magnesium Iodum (Homeopathic View)

### Picture of Mag IOD

- They have to fight for their existence.
- They have the idea that their existence is being threatened and therefore they have to take an aggressive stand in life.
- Like the other Magnesium's they are extremely sensitive to aggression and violence, even if it is only on television.
- They work hard because they feel that that is how they can justify their existence.

## 8. Magnesium Lacticum (Homeopathic View)

### Picture of Mag Lacticum

- Holding on to people by behaving like a dependent little girl
- They feel as if everything is against them, as if other people are always in the way and are stopping them from getting what they want.
- This makes them impatient and irritable.

## 9. Magnesium Metallicum (Homeopathic View)

### Picture of Mag Metallicum

- Uncertain in relationships.
- They are afraid of making too many demands on the other person in case he will leave.
- So they start to mould themselves to the other person's wishes.
- They dare not stand up for themselves or get angry, instead becoming completely passive to try and hold on to the other person's love.
- Fear of being criticized.

## 10. Magnesium Nitricum (Homeopathic View)

### Picture of Mag Nitricum

- Quarrels make it impossible to enjoy life
- They like to build up a proper relationship because they need it to feel good about themselves.
- They like to enjoy the good things in life together with their partner.
- But because they feel so tense inside they can't help but quarrel, usually about minor issues.
- They don't like it and try to hold it in, but this only makes matters worse.

### Relationships

#### Chronic

- Alkaline Group: Ca, Ba, beryllium
- Ca<sup>+</sup> & Mg<sup>+</sup> = tubercular miasm
- Silicea: syphilitic & tubercular miasms. Foot sweats & head sweats = Mag mur Indelible discharges
- Scrofulous & rickety children Headache > wrapping.
- Silica anxiety is anticipatory with rigid personality. Mag anxiety is deep-seated = dreams & delusions.
- Baryta = premature age due to arrested development in single organ/single effects. Weak, puny, rickety children. Mag = degenerative process is in tissues– face is wrinkled with premature looks.
- Alumina = spinal nerves - muscular weakness.
- Plumbum = extensors >flexors. Paralysis of single parts with wasting with painlessness in paralysed part.
- Causticum = post-diphtheritic paralysis of pharynx and oesophagus. (lach & cocculus)

- Anxiety = Natr, kali, lyco, ferr, thuja & medo.
- Kali - leaning & dependent personality. Extremely self-centered. Anticipatory & agitational anxiety.
- Phos = dreams - anxiety in dreams & delusions.
- Picric acid = erections and burning in penis(Mag M)
- Merc = enlarged liver < touch (Mag M)
- Ptelea = congestion of liver, enlargement, feeling of weight & pressure > lying right side (Mag. M)
- Zincum = nervous restlessness (Mag. M)
- Nat. Mur = lips chapped & serrated (Mag. M)
- Lyc = > hot drinks (Mag. P)
- Sil = headache from occiput to eye >warmth (Mag. M)
- Milk intolerance = Mag carb = Lyco, Nitric acid, Silicea, lac can & lac deflor.

### Acute Relationships

- Cham = vegetable analogue; spasm < from heat (mag. P).
- Neuralgia > moving about, anxiety, restlessness, griping before stools. Yellowish-green like chopped eggs (Mag carb).
- Cina: worm infestation, irritability and sensitivity.
- Rhus tox: rheumatic pains > motion (Mag. Phos).
- Fleeting & shifting pains (Mag. Phos) Pulsatilla < heat, rest > slow motion
- Hemorrhages: Not mentioned as prominent remedy. But mentioned in chest & bloody expectoration - Mag C & Mag M.
- GIT: Rheum: sour stools.(mag carb), Ipecac: nausea & grass green stools.
- Anxiety: Gelsemium: Heart symptoms > motion (Mag. Mur).
- Mag.C & Mag. Ars = anxiety < before menses, < during fever (acon, anac, ars, ign, puls).
- Resp System: - Spasmodic asthmatic breathing - Mag. P (Ant.t, Ars, Ipec, lobelia, nux.V, Puls, spongia). The remedy relationship most of the times is due to the presence of similar type of alkaloids in case of plant sources.

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